

WEEKLY TRAINING SCHEDULE

MONDAY

NO CLASSES

TUESDAY Writtle College

5 - 6pm
Tigers 4-9
+ family class
• term time only

6 - 7pm
All grades inc.
beginners/
families

7 - 8pm
Black & Brown
belts

WEDNESDAY CCHS

• term time only

5 - 6pm
Tigers 4-9
+ family class
• term time only

6 - 7pm
All grades inc.
beginners/
families
• term time only

THURSDAY CCHS

5 - 6pm
Tigers 4-9
+ family class
• term time only

6 - 7pm
All grades inc.
beginners/
families

7 - 8pm
Black & Brown
belts

FRIDAY

NO CLASSES

SATURDAY

NO CLASSES

SUNDAY Writtle College

10 - 11am
All grades inc.
beginners/
families

11 - 12 noon
Black & Brown
belts

12 - 1pm
Squad
Training when
required