

WEEKLY TRAINING SCHEDULE

MONDAY

NO CLASSES

TUESDAY Writtle College

5 - 6pm

Tigers 4-9 yrs
+ family class
• term time only

6 - 7pm

All grades inc.
beginners/
families

7 - 8pm

Black & Brown
belts

8 - 9pm

Black & Brown
belts
• term time only

WEDNESDAY CCHS

• term time only

5 - 6pm

Tigers 4-9 yrs
+ family class

6 - 7pm

All grades inc.
beginners/
families

7 - 8pm

All grades +
Adult
beginners

THURSDAY CCHS

5 - 6pm

Tigers 4-9 yrs
+ family class
• term time only

6 - 7pm

All grades inc.
beginners/
families

7 - 8pm

Black & Brown
belts

FRIDAY

NO CLASSES

SATURDAY

NO CLASSES

SUNDAY Writtle College

10 - 11am

All grades inc.
beginners/
families

11 - 12 noon

Black & Brown
belts

12 - 1pm

Squad
Training when
required